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Impact of socio-demographic factors on different aspects of violence against women in Upper Egypt

Amany A. Ahmed, phD. 1* and Evon S. Shokre, phD. 2

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Abstract: Violence against women is social violence though practiced on individual level because the society accepts this violence and in many cases encourages it. Condemnation of any kind of violence is a basic assumption in our current research. The aim of this study was to explore impact of various socio-demographic factors on different aspects of violence against women. Descriptive design was used to conduct this research. This study was carried out in faculty of Nursing at Sohag University. The sample consisted of 194 clients. Tools used in this study, included patient assessment sheet (tool I), the Socio-Economic statues (Tool II), and the aspects of violence against women questionnaire (Tool III). Results: The current study showed predominance of various aspects of domestic gender based violence, as the majority of our clients opinion preference of having male children (69%), and favoring female circumcision (51%). A considerable proportion of the study participants encouraged early mirage of girls (24%), polygamy (15.5%), support negligence of female opinion (27%), believe in his right of wife beating (14%) or rape (12%), and wouldn't mind of controlling his wife's income (9%). Conclusion & Recommendation: Considerable proportions of our clients showed negative attitude towards female gender in terms of preferring male than female children, early marriage of female children, polygamy and spousal violence that may take the following forms; wife batting, wife rape, control of wife income or stingy behavior toward wife. So it is prudent to highlight the purpose and essence of marriage in religion. It is also judicious to maximize the role of health care providers, as nurses in identifying women at high risk of domestic violence (through screening programs in prenatal clinics) and backing and teaching them how to manage an illness tacking into consideration WHO recommendations.

Key word: Violence against women, Socioeconomic status, Upper Egypt.

INTRODUCTION

Violence against women (VAW) is widely known as a universal problem of great importance. It has dangerous effects on the health and wellbeing of women affected, and imposes significant social and economic prices on societies and countries. Specific procedures were accomplished by United Nations (UN) to finish all aspects of discrimination and violence against all women and girls throughout the world[United Nations, Sustainable development goals, 2015]. VAW is defined by the UN as any act of genderbased violence that results in, physical, sexual or psychological harm or suffering to women, including threats of such acts, compulsion or deprivation of freedom, whether occurring in public or private life [UN 1993].VAW is widely recognized as an important public health problem, due to its dangerous outcomes for women's physical, psychological and reproductive health [Garcia-Moreno C.et al,2005]. VAW can take many aspects, as gender-based violence [United Nations, General Assembly Resolution, 2015; WHO, Violence Against Women, 2015; and Our Watch, 2014], male spousal violence; (United Nations, General Assembly Resolution, 2015, and WHO, Violence Against Women 2015).

Gender-based violence (GBV)is defined as violence imposed on a person because of his or her gender, but it is usually used to represent VAW, as women and girls are more liable (than men and boys) to face violation or insults[United Nations, General Assembly Resolution,

2015, and WHO, Violence Against Women 2015]. GBV includes preferring of having male children [Qadir et al, 2011], female circumcision [WHO 2002, cited in WHO 2013], honor killing [Gill et al., 2015], child marriage, harassment, and trafficking of women and girls [UNFPA and WAVE, 2014]. Male gender preference is rooted in the culture of developing countries [Fikree and Pasha, 2004]. This may be due to the fact that, in contrast to girls, boys carry the family name, and are expected to help their parents in their senility. Honor killing is done against females by males due to suspicion of affection of family or community honor in order to "get back honor" [Gill et al., 2015]. Early marriage, a problem faced usually by girls, results in disparity and segregation in the lives as women [Hervish& Feldman-Jacobs, 2011]. Child marriage, that can be known as marriage below the age of eighteen years and is a form of violation of children's and human rights. [İlknur and Banu, 2014].

Intimate partner violence, which also refers to domestic violence or male spousal violence [State of Victoria 2016]. It takes many aspects such as physical, sexual, psychological or economic harm [Committee on the Elimination of Discrimination Against Women, General Recommendation 19, 2013]. Physical spousal violence involves the use of physical force against wife as beating, slapping, grabbing, biting, shaking, burning, and assault with a weapon, etc. Sexual violence involves wife rape, and any unwelcome sexual behavior. Psychological abuse may be in the form of intimidation, and threats of harm.

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^{*1} Obstetric and Gynecological Nursing, Faculty of Nursing, Sohag University

²Psychiatric Nursing, Faculty of Nursing, Fayoum University

Economic abuse involves controlling the financial resources, and withholding access to economic resources. In Australia, male spousal violence participates more to the disease encumbrance for women in reproductive age than any other recognized risk factor like smoking or alcohol intake [Webster 2016].

SIGNIFICANCE OF THE STUDY

The vast majority of Egyptian girls undergo female genital cutting and many are married before age 18, even though both practices are prohibited under the law. Whatever form the violence takes, it is both a health and a human rights concern, inflicting physical and emotional harm. Violence prevents women and societies from achieving their full potential (*Mosleh H. et al, 2015*). So, it is prudent to spotlight this problem and emphasize methods to minimize it.

Aim of the study:

The aim of this study was to explore impact of various socio-demographic factors on different aspects of violence against women.

SUBJECTS AND METHOD

Setting:

This study was carried out in faculty of Nursing, Sohag University, on employees, students, and staffs.

Sample:

The study sample was calculated according to the following formula: N=Z2xP(1-P)/d2 (*Danial,1999*). At 14% prevalence of Physical and/or Sexual Intimate Partner Violence (*El-Zanaty et al., 2015*²), confidence level of 95%, and 5% precision, the calculated minimum sample size was 185 clients. The study authors collected 194 clients as sample size of the current study.

Design:

Descriptive designs

Inclusion criteria:

Male and female clients who are working in faculty of Nursing, Sohag university and their age between 18 and 50 years

Study Tools:

Three tools were utilized to collect data in this study. It was developed by the investigator based on literature review.

Tool I: - Patient assessment sheet:

This tool was developed by the investigator used to assess the studied clients regarding the socio-demographic data, namely name, age, gender, residence, and occupation.

Tool II:-The Socio-Economic statues (SES assessment):

Kuppuswamy's SES scale (*Aggarwal OP*, *et al.2005 and* **Guru Raj MS,et al.2015**) was used to measure SES of study client's families, based on household income (12 scores), education (7 scores) and occupation (10 scores) of the head of the family. It was clarified that due to the steady inflation and consequent fall in the currency value, the changes in the income scale are proportional to the change in the Consumer Price Index for Industrial Workers (CPI-

IW). The income groups for the year 2015 were revised to update Kuppuswamy's SES scale. The CPI-IW in 2001(considered as base income) was 100 and in 2015 was 254. So the income scale of 2001 is multiplied by 2.54 to update the scale for 2015. The family income in Rupees for each group was then transformed into Egyptian pounds. The SES classes were then identified as high (total score of 26-29), intermediate (total score of 11-25), and low (total score <10).

Tool III: -the aspects of violence against women questionnaire:

This tool was used by the investigators after reviewing the relevant literature to evaluate **aspects of violence against women** includes 9 items (opinion of clients regarding male child preference, female circumcision, early mirage of girls, polygamy, negligence of female opinion, wife beating, wife rape, stingy husband and husband controlling income of his wife). This questionnaire was formulated with two response options for each client;1="Yes" if the client had agreed on each aspect of violence against women, and 2="No" if the client hadn't agreed on each aspect of violence against women.

The Validity of the used questionnaire was tasted for contents by jury of five experts in the field of Obstetrics/Gynecological and psychiatric nursing specialty to ascertain relevance and completeness, and to review the questionnaire and the intervention for contents and face validity (r = 0.89). Their comments were reviewed and the necessary modifications were done.

METHODS:

Ethical considerations:

An official permission was obtained to carry out the study from Dean of Faculty of Nursing, Sohag University. Written consent was obtained from each client shared in this study.

Research proposal was approved from Ethical Committee of the Faculty of Nursing, Sohag University. Written consent was obtained from clients that were willing to participate in the study and had the right to refuse. Confidentiality and anonymity was assured.

Intervention:

- The present study was conducted by two researchers, with doctoral degrees in obstetrics - gynecology Nursing and psychiatric Nursing.
- This study attempts to explore and explain the problem of violence against women. The violent practices have their impact and leave their imprint on women and consequently affect their long term and short term productivity. Hence, the psychological impact will be tackled implicitly along with its hindering effect on the productivity of women.
- Assessments for all clients (n=194) were done through interview all participants to assess impact of various socio-demographic factors on their opinions regarding different aspects of violence against women.
- Each client was assessed alone, concerning his opinion on aspects of violence against women by using questionnaire and a simple explanation to this

questionnaire if the client need without any interference by the investigator on the opinion of participants.

Statistical analysis:

Descriptive data including means and percentages were used for socio-demographic data and clients' opinions regarding various aspects of violence against women. Comparisons of proportions of clients in different socio-demographic status concerning their opinions of all aspects of violence against women were done using Fischer's exact test [univariate analysis]. The data of the study were analyzed with personal computer using graph prism statistical program. The significance level was considered as a p value < 0.05.

RESULT

The mean age for the study sample is (29.2 ± 10.67) . Most of our clients were ≤ 20 years of age (n=78; 40.21 %), followed by those aged> 40 years (n=46; 23.71%) (Figure 1). About two-third of participants were female (n=128; 65.98%).Regarding distribution in socio-economic status (SES), most of our clients (n=91; 46.90%) had low SES, 83 clients (42.78%) had intermediate SES whereas only 20 clients (10.30%) had high SES. The majority of participants live in rural areas (n=124; 63.91%), while only 70 (36.08%) live in urban areas (Table 1).

Opinions of clients concerning different aspects of violence against women were analyzed (Table 2). The majority of our clients preferred to have male than female children (69%),

and favored female circumcision (51%). Aconsiderable proportions of the study participants encouraged early mirage of girls (24%), polygamy (15.5%), support negligence of female opinion (27%), believe in his right of wife beating (14%) or rape (12%), and wouldn't mind of controlling his wife's income (9%).

Univariate analyses evaluating relations between clients according to their socio-demographic characteristics [gender, age group, SES, and residence] and their opinions regarding all aspects of violence against women were done [Tables 3-6].

The belief of husband's right of raping his wife was significantly affected by gender, where 20% of males, versus 8% of females (p=0.0196), assumed this allegation. The support of early mirage of girls and negligence of female opinion were significantly higher in clients in older age groups (p=0.018, and p=0.014 respectively) than those in younger age groups. The preference of having male children and the support of female circumcision were significantly shown by participants of low SES (p=0.015, and p=0.008 respectively) than those in intermediate and higher SES and those living in rural areas (p=0.0035, and p=0.044 respectively) than those living in urban areas. The favoring of husband's right to beat his wife or to control her income and polygamy were not affected by any of sociodemographic factors (p>0.05).

	1	
Variable	No	%
Gender		
Female	128	65.98
male	66	34.02
SES		
Low	91	46.90
Intermediate	83	42.78
high	20	10.30
Residence		
Urban	70	36.08
Rural	124	63.91
total	194	100

Table I: Socio- demographic characteristics of study clients.

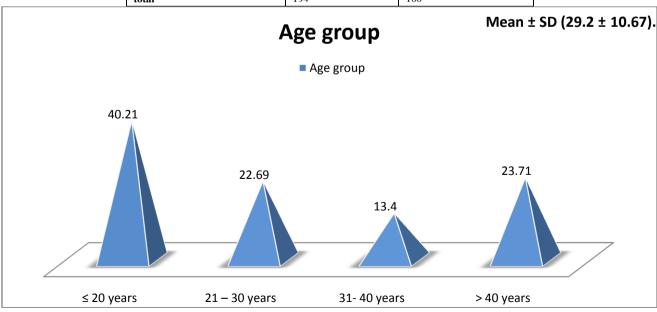


Figure I: Characteristics of clients in the study according to age.

Table 2: Opinion of clients concerning various aspects of violence against women.

Variable	No	%
Male preference		
Yes	134	69.07
No	60	30.92
Female circumcision		
Yes	99	51.03
No	95	48.97
Early marriage of female		
Yes	47	24.23
No	147	65.77
Polygamy		
Yes	30	15.46
No	164	74.54
Negligence of female opinion		
Yes	52	26.80
No	142	73.19
Wife beating		
Yes	27	13.98
No	167	86.08
Wife rape		
Yes	23	11.86
No	171	88.14
Stingy husband		
Yes	24	12.37
No	170	87.63
Husband take wife income		
Yes	17	8.76
No	177	91.24
Total	194	100

Table 3: Relation between clients according their gender, and their opinions regarding all aspects of violence against women.

Variable	Gender				
	female (N=128)		male (N=66)		
	N	%	N	0/0	
Male preference					
Yes	86	67%	47	71.2	
No	42	33%	19	28.8	
P value	0.64	ı		<u> </u>	
Female circumcision					
Yes	69	53.9	30	45.4	
No	59	74.2	36	54.5	
P value	0.291				
Early mirage of female					
Yes	30	23.4	17	25.7	
No	98	76.6	49	74.2	
P value	0.73				
Polygamy	31.6				
Yes	16	12.5	14	21.2	
No	112	87.5	52	78.8	
P value	0.14	•	•		
Negligence of female opinion	9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9				
Yes	31	24.2	21	31.8	
No	97	75.8	45	68.2	
P value	0.31				
Wife beating	5 - 5 - 5 - 5 - 5 - 5 - 5 - 5 - 5 - 5 -				
Yes	20	15.6	7	10.6	
No	108	84.4	59	89.4	
P value	0.39				
Wife rape	10	7.8	12	19.7	
Yes No	118	92.2	13 53	80.3	
P value	0.0196*	92.2	33	80.3	
Stingy husband	0.0190**				
Yes	14	10.9	10	15.2	
No.	114	89.6	56	84.8	
P value	0.49	07.0	30	04.0	
Husband take wife income	0.12				
Yes	10	7.8	7	10.6	
No	118	92.2	59	89.4	
P value	0.59				

Table 4: Relation between clients in different age groups and their opinions concerning different aspects of violence against women.

(21-30v		21 40				
1	NT	≤20yrs (N=78)		21–30yrs (N= 44)		31-40yrs (N=26)		> 40yrs (N=46)	
	IN	%	N	%	N	%	N	%	
Male preference									
	56	71.8	34	77.2	14	53.9	30	65.2	
	22	28.2	10	22.7	12	46.1	16	34.8	
	0.187								
Female circumcision									
	46	59.0	19	43.2	13	50	22	47.8	
	32	41.0	25	56.8	13	50	24	52.2	
	0.26								
Early mirage of female			_						
	15	19.2	7	15.9	6	23.1	19	41.3	
	63	80.8	37	48.1	20	76.9	27	58.7	
	0.018*								
Polygamy									
2.12	12	15.4	6	13.6	2	7.7	10	21.7	
7.2	66	84.6	38	86.4	24	92.3	36	78.3	
	0.44								
Negligence of female opinion								-0.4	
	12	15.4	12	27.3	10	38.5	18	39.1	
	66	84.6	32	72.7	16	61.5	28	60.9	
	0.014*								
Wife beating	10	16.		10.6		22.1	2	4.0	
	13	16.7	6	13.6	6	23.1	2	4.3	
	65 0.12	83.3	38	86.4	20	76.9	44	95.7	
	U.12		_						
Wife rape Yes	10	12.8	5	11.4	1	3.8	7	15.2	
2.12	68	12.8 87.2	39	88.6	25	3.8 96.2	39	15.2 48.8	
7.5	0.54	07.4	37	00.0	23	90.4	37	40.0	
Stingy husband	0.34								
	12	15.4	4	9.1	2	7.7	6	13.0	
	66	84.6	40	9.1	24	92.3	40	87.0	
- 1.0	0.65	04.0	40	70.7	∠ ⊤	14.5	-10	07.0	
Husband take wife income	1.02								
	10	12.8	3	6.8	1	3.8	3	6.5	
	68	87.2	41	93.2	25	96.2	43	93.5	
The state of the s	0.41	01.2	r1	70.2	23	JU.2	10	70.0	

Table 5: Relation between clients in different SES and their opinions relating aspects of violence against women.

Variable	SES					
	Low (N=91)		Intermediate (N=83)		High (N=20)	
	N	%	N	%	N	%
Male preference	70		50	<0.0	10	= 0.0
Yes No	70 21	76.9 23.1	50	60.2 39.8	10 10	50.0 50.0
P value	0.015*	2012		0310	10	2010
Female circumcision					_	
Yes No	57 34	62.6 37.4	35 48	42.2 57.8	7	35.0 65.0
P value	0.0084**	37.4	10	37.0	13	03.0
Early mirage of female	0.0001					
Yes	27	29.7	14	16.9	6	30.0
No	64	70.3	69	83.1	14	70.0
P value	0.118					
Polygamy						
Yes	15	16.5	12	14.5	3	15.0
No	76	83.5	71	85.5	17	85.0
P value	0.93					
Negligence of female opinion Yes	29	31.9	20	24.1	3	15.0
No No	62	68.1	63	75.9	17	85.0
P value	0.23					
Wife beating						
Yes	9	9.9	16	19.3	2	10.0
No	82	90.1	67	80.7	18	90.0

P value	0.176					
Wife rape						
Yes	12	13.2	9	10.8	2	10.0
No	79	86.8	74	89.2	18	90.0
P value	0.86					
Stingy husband						
Yes	10	11.0	12	14.5	2	10.0
No	81	89.0	71	85.5	18	90.0
P value	0.47					
Husband take wife income						
Yes	6	6.6	10	12.1	1	5.0
No	85	93.4	73	87.9	19	95.0
P value	0.37		<u> </u>			

Table 6: Relation between clients in urban and rural areas and their opinions regarding aspects of violence against women.

Variable	Residence			
	Urban (N=70)		Rural (N=124)	
	N	%	N	%
Male preference				
Yes	39	55.7	95	76.6
No	31	44.3	29	23.4
P value	0.0035**			
Female circumcision				
Yes	29	41.4	70	56.5
No	41	58.6	54	43.5
P value	0.044*		-	
Early mirage of female				
Yes	15	21.4	32	25.8
No	55	78.6	92	74.2
P value	0.60			
Polygamy				
Yes	8	11.4	22	17.7
No	62	88.6	102	82.3
P value	0.30			
Negligence of female opinion				
Yes	14	20.0	38	30.6
No	56	80.0	86	69.4
P value	0.13			
Wife beating				
Yes	13	18.6	14	11.3
No	57	81.4	110	88.7
P value	0.195			
Wife rape				
Yes	8	11.4	15	12.1
No	62	88.6	109	87.9
P value	1			
Stingy husband				
Yes	9	12.9	15	12.1
No	61	87.1	109	87.9
P value	1			
Husband take wife income				
Yes	6	8.6	11	8.9
No	64	91.4	113	91.1
P value	1			
	1	1 1	1.11	overagion or

DISCUSSION

Domestic or family based violence is an essential form of VAW and is committed within the family and includes gender based violence and male spousal violence. (Committee on the Elimination of Discrimination Against Women, General Recommendation 19, 2013, and UNFPA and WAVE, 2014). The current study showed predominance of various aspects of domestic gender based violence, as preference of having male children (69%), and favoring female circumcision (51%). Our results are in agreement with reports in some developing countries. In a survey carried out among 100 selected Yoruba (people of southwestern Nigeria and Benin), 74% of the respondents said they prefer male children [Olanrewaju, et al., 2015]. This is common attitude in most African societies. It was

also stated that, the expression and celebration of the news of a new born baby seems to be more hilarious, fulfilling and complete with the male child than the female child [Mulins, 2010]. In Pakistan, preference for boys over girls is culturally rooted. From birth, many women face gender based discriminations, less health care, lower degrees of education, and rare employment outside of the home [Qadir et al., 2011]. The predominance of female genital mutilation (FGM) practice in most of African countries [UNICEF, 2011], as Somalia (98 %), Guinea (97 %), Djibouti (93 %), Egypt (91 %) and Sierra Leone (90 %) confirm our results.

The preference of early marriage of girls and male spousal violence exists in our study in spite of awareness programs in the media and religious teachings done by the society. It is very important to discover the real driving force behind child marriage in the Arab World and what could be done to eradicate this practice, which is modern day slavery [Alsaidi and Akram, 2015]. Moreover Egypt which is the most populous and the most influential country in the Arab World [UN, 2014], showed that 17% of girls married before reaching the age of eighteen in 2013 [Plan International, Egypt, 2014]. To combat this faulty concept, it may be useful to confirm equality in all religious and community outreach programs done and spotlight that male gender preference may be a risk factor for psychological morbidity of girls and women, and this in turn may lead to improper child health and development [Qadir et al, 2011].

Our results showed also that some of participants favor aspects of male spousal violence. In order to encounter male spousal violence, it is prudent to decrease the incidence of child marriage [Ilknur and Banu, 2014] and to limit the use of polygamy [Fucon, 2014]. Child marriage makes girls to leave their education and consequently, decreasing their ability of sharing in the labor power, with higher risk of facing spousal violence [Ilknur and Banu 2014]. The program for decreasing child marriage should spotlight the purpose of marriage in Islam that is to form and favor the Muslim family, and to domesticate and qualify the world with God believers [Holy Qur'an 30:21]. Many Muslim scholars discuss using the Qur'an that God allows polygamy to ensure that the Muslim community cares for its widows and orphans [Khan Noor Ephroz, 2003]. The Our'an adopted polygamy, but limited its use to the condition that the husband considers fair treatment [Holy Our'an 4:3]. Furthermore, it is judicious to consider programs and policies to combat domestic violence including the role of health care providers, as nurses in identifying women at high risk of domestic violence and backing abused women [Mosleh et al, 2015], by teaching them how to manage an illness and by providing resources and documenting abuse in a chart, [Hewins et al., 2013] with highlighting on the WHO recommendations [WHO, 2013] as offering support women disclosing violence, maintaining nonjudgmental attitude, ensuring women's privacy and confidentiality and assessing medical conditions that require care with referring women to other support systems. It is well known from literature that screening programs in prenatal clinics generally increase the chance of recognizing women suffering of spousal violence resulting in improved maternal and child health [Ann Coker et al., 2012].

The aim of that study was to explore impact of various socio-demographic factors on different aspects of both gender based and male spousal forms of VAW to identify women of high risk of suffering of domestic violence. In upper Egypt according to Ministry of Health, [El-Zanaty et al.. 2015¹], the prevalence of different forms of violence against women was 14 % [El-Zanaty et al. 2015²]. The univariate analysis of the socio-demographic factors that might affect domestic violence against women (either gender based violence and male spousal violence) showed that gender did not affect the forms or aspects of VAW except for the concept of the husbands' right of raping their wives "Marital Rape" (p= 0.0196), regardless the wives' well. As a matter of law, rape could not occur within a marital relationship [Bergen, 2013]. In recent years; there has been marked progress in removing such marital

exemptions from rape statutes. According to a 2006 report from the UN Secretary-General, at least 104 countries criminalize marital rape[UN General Assembly, 2013]. Research indicates that men who both batter and rape are more likely to severely injure or kill their wives. One study found that forty percent of the women questioned had experienced "force-only rape," in which their husbands used only the amount of force that was necessary to coerce sexual contact, but did not otherwise batter their wives[Bergen, 2013].

Regarding the clients in different age groups, our study showed that clients >40 years of age believe in early marriage of female children (p= 0.018) and negligence of female opinion (p= 0.014) than clients in younger age groups. Moreover, it has significant economic costs in terms of expenditures on service provision, loss of income for women and their families, decreased productivity, and negative impacts on future human capital formation, also rape and domestic violence threatens the health of women of 15 to 44 years old, more so than diseases such as breast and uterus cancer [Duvvury, et al. 2013]. This could be explained on the ground that most of older clients in our study have limited degrees of education and live in rural areas where protecting "family honor" is listed as one of the reasons for child marriages [Lane, 2011]. People especially those of older age and in rural areas with limited degrees of education were not aware of negative health outcomes of child marriages [Naved and Persson, 2005; and Nasrullah et al., 2014]. Therefore, most people of low SES (with low education, low income and with manual work especially in rural areas) are expected to favor child marriage. This explains our findings that the preference of having male children and the support of female circumcision were significantly shown by participants of low SES and those living in rural areas than those of higher SES and living in urban areas, as people of these socio-demographic characteristics believe in faulty concept that boys are more beneficial than girls and may not aware of negative health outcomes of FGM. This is in agreement with what was stated that, unemployment, poverty and poor housing conditions are established risk factors for VAW [Chen, et al., 2016, and McMahon et al., 2013].

CONCLUSIONS AND RECOMMENDATIONS:

Considerable proportions of our clients showed negative attitude towards female gender in terms of preferring male than female children, favoring female circumcision, child marriage, and the husband's right of wife beating and marital rape. Child marriage is a pivotal risk factor for VAW. So it is prudent to highlight the purpose and essence of marriage in Islam. It is also judicious to maximize the role of health care providers, as nurses in identifying women at high risk of domestic violence as those living with family members with limited degrees of education, in lower SES backgrounds, poor housing conditions especially in rural areas (through screening programs in prenatal clinics) and backing and teaching them how to manage an illness tacking into consideration WHO recommendations.

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